

TURKEY ORDER FORM FALL 2020

Nick's Organic Farm - Since 1979

8565 HORSESHOE LANE, POTOMAC MD 20854

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www.nicksorganicfarm.com

**Due to the coronavirus pandemic,
we've had to cancel our Annual Buckeystown Farm tour
this October. Looking forward to the one next year!!!**

This email contains your turkey order form for pick up on Tuesday/Wednesday November 24/25. Orders will be filled on a first come first served basis depending on when we receive your **order forms with your deposits by mail (not by email or phone)**. We encourage you to order as soon as possible—it will help us in our planning.

We have slightly increased our turkey production this year, a decision we made prior to the pandemic. We have maintained last year's pricing: white turkeys at \$4.99/lb. and heritage turkeys at \$9.99/lb. You can also order frozen turkey for later use, such as holidays in December. We have not placed any limits on turkey orders. We will also have pastured organic eggs available at pick up for \$6/dz.

We are asking you to give us an idea of what size turkey you would prefer. While we cannot guarantee your preference, we will try our best.

We are scheduling a separate pick up date for the turkeys in order to assure time for adequate social distancing. We are not charging credit card fees for contactless payments.

A few days in advance, we will notify you about the specific procedures to follow to pay prior to pick up and to schedule a time for your pick up in order to assure social distancing.

Turkey Order Form--FALL 2020

<<Next order form will be sent out in late May 2021 for pick up in July 2021>>

Name _____ Work phone _____
Address _____ Home phone _____
City, State, Zip _____ Cell _____
EMAIL (required) _____

PICK UP LOCATION*: Check one. *We require at least 6 days advance notice to change your pick up location.*

___ Potomac: 8565 Horseshoe Lane, Potomac, MD 20854 (DC Beltway Exit 41)

___ Buckeystown: 2733 Buckeystown Pike, Adamstown, MD 21710 (south of Frederick, I-270 Exit 26 or 31, or I-70 Exit 54)

PICK UP DATES planned for: Tues./Wed. November 24-25.

You will be contacted by email/phone a few days prior pick up.

DEPOSIT ENCLOSED- We cannot reserve your order until we receive both this order form and a deposit by mail (Not by phone or email).

Fill in deposit amounts and total up. You will be contacted if we cannot fill your order, and your deposit will be returned.

\$ _____ Heritage Turkey (\$25 each)

\$ _____ White Turkey (\$25)

\$ _____ TOTAL Deposit

Mail order form with deposit payable to: **Nick's Organic Farm, 8565 Horseshoe Lane, Potomac, MD 20854**. Remainder due at pick up. We accept checks or credit card for deposits.

Credit card type: VISA Mastercard American Express Other _____

Name on Card:

Card #

Expiration Date: Security code: Zip Code:

For final pick up credit card payments can be made online. You will receive instructions before pick up.

ORDERS ARE CONSIDERED COMPLETE UPON RECEIPT OF BOTH ORDER FORM AND DEPOSIT BY MAIL.

ORGANIC PASTURED TURKEY \$25 deposit/bird

Fill in number of turkeys desired. More detailed information on following pages or on [website](#).

Please give us an indication of the size turkey you would like. As a rule of thumb, many people order 1.5-2.0 pounds of turkey for each guest. The less you order, the less left-overs you will have.

HERITAGE Turkeys

The heritage breeds are closer to the wild turkey. They give equal amounts of white and dark meat. They cook more evenly because the legs and breasts are similar in size. They take over twice as long to grow to market weight giving the birds a chance to more fully develop their muscles. Moving daily to fresh pasture and foraging for insects over this longer growing period gives the fat more complex flavors. And giving the birds full access to fresh air, sunlight and the space to exhibit their natural behaviors results in a moist meat with a fine grained texture. On average, heritage turkeys are smaller than the white turkeys.

HERITAGE: Bourbon Red, Narragansett, and Bronze: \$9.99/lb. (approx. 8-20 lb.)

_____ FRESH _____ pound turkey

_____ FROZEN _____ pound turkey

We will try to match any size and heritage breed preference, but your choices are not guaranteed.

WHITE Turkeys

The modern commercial white turkeys were developed to produce ease of processing and quick growth. Due to the large breast meat, they have approximately 2/3 white meat and 1/3 dark meat. They tend to weigh more than the heritage breeds. Taste is similar to the heritage breeds because they are also on pasture all day long eating bugs and grass.

STANDARD: Broad Breasted White: \$4.99/lb. (approx. 12-22 lb.)

_____ FRESH _____ pound turkey

_____ FROZEN _____ pound turkey

We'll try to match size preferences, but your choice is not guaranteed.

ORGANIC EGGS

ORGANIC EGGS farm fresh, raised on pasture, brown shell, deep orange yolks, higher in Omega 3s and beta-carotene.

___PASTURED EGGS, Large \$6.00/dz.

Eggs can also be picked up daily year round on a self-service basis at our Potomac or Buckeystown locations. Contact us to find out how: nicksorganicfarm@comcast.net

TURKEY INFORMATION

We offer fresh or frozen birds in standard White or Heritage breeds. They are packed in a plastic bag and are available on the Tuesday and Wednesday before Thanksgiving. The liver, heart, and neck are included. We will notify you promptly and return your deposit if we cannot fill your turkey order.

Heritage Breeds (approx. 8-20 lbs.) \$9.99/lb., **\$25 deposit/bird.**

Flavor

Heritage turkeys contain a higher percentage of dark meat—about half of the edible weight. In addition, the meat tends to be firmer and have slightly more flavor. These traits are due to several factors. The birds have lived longer and had more time to exercise and develop their muscles, producing a well defined firm meat. Their increased lifespan has allowed more time to eat a varied diet that includes grass and insects and to create some stores of fat, resulting in a rich, complex flavor. The skin is a little thicker and can be cooked to a crispy brown.

History and Growth Characteristics

At the turn of the 21st century all heritage turkey breeds were endangered, and it is only recently that consumer demand has stimulated increased production to preserve these breeds. Heritage turkeys are domesticated breeds closer to the original lineage of the wild turkeys known to the Pilgrims and Indians. They retain biological characteristics enabling them to be raised more closely to the natural behavior and life cycle of their wild ancestors. Heritage turkeys have a relatively long lifespan, a much slower growth rate, and can breed and hatch naturally without human intervention. In addition, heritage breeds tend to be naturally sturdy and healthy when raised outside on pasture.

Cooking

Because the leg and the breast meat are similarly sized in our heritage breeds, it is easier to cook the bird without drying out the legs or undercooking the breast. Pre-heat oven to 400 and roast at 325-350 degrees. Take the giblets out of the bird before putting in the oven. To prevent drying out, it is recommended that you roast 10-12 minutes for each pound rather than 15 minutes. Larger birds, over 18 pounds, normally require less cooking time—10 minutes per pound. Check temperature deep in the center of the breast half an hour before you think the turkey might be done. **To ensure food safety, the whole turkey should be cooked to a minimum 160 degrees.** In fact, as long as you reach a minimum of 160 degrees, turkeys are very forgiving in their cooking time. It's not the end of the world if the temperature goes higher—it may get a little bit dried but it will still be delicious! After cooking let the turkey “rest” at room temperature for 15-30 minutes.

Cost, Size and Breed

Our expenses to raise the heritage birds are higher. These slightly smaller and beautifully plumed birds take over twice as long to grow to a lower market weight, and the one day old baby poults cost considerably

more. Most of our heritage birds will be between 10-17 pounds, while there will be a few smaller hens and some heavier, larger toms.

We will identify the breed you receive, but we cannot guarantee which breed you will receive. We feel the eating quality is similar. On average, the Narragansetts may weigh a pound or two less and have a generally hardier constitution making them easier to raise.

Heritage Bourbon Reds This heritage breed is named for its beautiful colorful plumage and for Bourbon County KY. Developed out of earlier breeds from PA and surrounding states in the early 1900's the Reds were popular on Thanksgiving tables up to the 1930's and 40's.

Heritage Narragansett The Narragansett, named for their New England origin, has black, gray, tan, and white feathers associated with pictures of the Pilgrim's birds. This very old breed, going back to early colonial times, is prized for its excellent temperament and good maternal abilities.

Heritage Standard Bronze The Bronze was one of the most popular American Thanksgiving birds from the late 18th century through first half of the 20th century. The colonists crossed wild Eastern US turkeys with domesticated European turkeys to come up with a larger bird with a more docile temperament. The coppery-bronze colored metallic sheen on the feathers is inherited from the wild ancestors. Not to be confused with the early 20th century bred Broad Breasted Bronze, the Standard has long legs and good health attributes.

Standard Commercial Breed approx. (12-22 pounds) \$4.99/lb., **\$25 deposit/bird.**

Broad Breasted Whites The Whites, developed in the 1950's by USDA, are the standard commercial breed, noted for rapid growth and a large amount of white breast meat. The white color was meant to decrease the visibility of any quills and "pin" feathers that escaped the plucking process.

Because the breast is oversized in proportion to the legs, cooking the birds evenly presents a challenge lest the legs dry out before the breast is fully cooked. **Cook as outlined above, but check with a meat thermometer so as to remove the turkey promptly from the oven when the deepest part of breast reaches 160 degrees.** Stuffing the turkey cavity can add to the necessary cooking time and increase the risk of drying of the legs. **Note: For safety the center of stuffing should be 165 degrees according to USDA.**

Our birds average 12-22 pounds, but we do have a few smaller and larger birds as well. When fed our organic grain and allowed to exercise and forage insects and grass on our organic pastures, these birds develop fine textured and flavorful predominantly white meat that is tender and juicy. Because of their exercise and pasture based diet, these birds develop more flavor than birds raised in large confined poultry houses.

OUR OTHER ORGANIC FARM PRODUCTS We sell hay, straw, certified organic livestock feeds, and grains such as corn, soybeans, and barley, and organic seed. We are also a Fertrell dealer for livestock minerals, soil amendments, fertilizers and other garden and farm products. Contact us for more information.

QUESTIONS? CONTACT US

Nick Maravell, Nick's Organic Farm

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